

Date	Day	Week	11h/pe1	11h/pe2	11h/pe3	11h/pe4	11h/pe5	
09/05/2025	Friday	A	Rugby	Water Polo	Netball	Fitness Suite	Badminton	
09/12/2025	Friday	B	Rugby	Water Polo	Netball	Fitness Suite	Badminton	
19/9/2025	Friday	A	Rugby	Water Polo	Netball	Fitness Suite	Badminton	
26/9/2025	Friday	Inset						
10/03/2025	Friday	A	Rugby	Water Polo	Netball	Fitness Suite	Badminton/ Volleyball	
10/12/2025	Friday	B	Rugby	Water Polo	Netball	Fitness Suite	Badminton/ Volleyball	
17/10/2025	Friday	A	Rugby	Water Polo	Netball	Fitness Suite	Badminton/ Volleyball	
24/10/2025	Friday	B	Rugby	Water Polo	Netball	Fitness Suite	Badminton/ Volleyball	
27/10/2025	Monday	Half term						
11/07/2025	Friday	A	Water Polo	Rugby	Fitness Suite	Badminton	Netball	
14/11/2025	Friday	B	Water Polo	Rugby	Fitness Suite	Badminton	Netball	
21/11/2025	Friday	A	Water Polo	Rugby	Fitness Suite	Badminton	Netball	
28/11/2025	Friday	Inset						
12/05/2025	Friday	A	Water Polo	Rugby	Fitness Suite	Badminton	Netball	
12/12/2025	Friday	B	Water Polo	Rugby	Fitness Suite	Badminton	Netball	
19/12/2025	Friday	A	Water Polo	Rugby	Fitness Suite	Badminton	Netball	
22/12/2025	Monday	Christmas holidays						
01/09/2026	Friday	B	Basketball	Fitness Suite	Football	Netball	Circuits/ Spinning	
16/1/2026	Friday	A	Basketball	Fitness Suite	Football	Netball	Circuits/ Spinning	
23/1/2026	Friday	B	Basketball	Fitness Suite	Football	Netball	Circuits/ Spinning	
30/1/2026	Friday	A	Basketball	Fitness Suite	Football	Netball	Circuits/ Spinning	
02/06/2026	Friday	B	Basketball	Fitness Suite	Football	Netball	Circuits/ Spinning	
13/2/2026	Friday	A	Basketball	Fitness Suite	Football	Netball	Circuits/ Spinning	
16/2/2026	Monday	Half term						
27/2/2026	Friday	B	Fitness Suite		Rugby	Football		
03/06/2026	Friday	A	Fitness Suite		Rugby	Football		
13/3/2026	Friday	B	Fitness Suite	Badminton	Rugby	Football		
20/3/2026	Friday	A	Fitness Suite	Badminton	Rugby	Football		
27/3/2026	Friday	B	Fitness Suite	Badminton	Rugby	Football		
04/03/2026	Friday	Easter holidays						
24/4/2026	Friday	B	Softball/Cricket	Badminton	Boot camp	Athletics	Fitness Suite	
05/01/2026	Friday	A	Softball/Cricket	Badminton	Boot camp	Athletics	Fitness Suite	
05/08/2026	Friday	B	Softball/Cricket	Badminton	Boot camp	Athletics	Fitness Suite	
15/5/2026	Friday	A	Softball/Cricket	Football	Boot camp	Rounders/Cricket	Fitness Suite	
22/5/2026	Friday	B	Softball/Cricket	Football	Boot camp	Rounders/Cricket	Fitness Suite	
25/5/2026	Monday	Half term						
06/05/2026	Friday	A	Football	Football	Rounders/Cricket	Rounders/Cricket	Fitness Suite	
06/12/2026	Friday	B	Football	Football	Rounders/Cricket	Rounders/Cricket	Fitness Suite	
19/6/2026	Friday	A	Football	Football	Rounders/Cricket	Rounders/Cricket	Rounders/Cricket	
26/6/2026	Friday	B	Football	Football	Rounders/Cricket	Rounders/Cricket	Rounders/Cricket	
07/03/2026	Friday	A	Football	Football	Rounders/Cricket	Rounders/Cricket	Rounders/Cricket	
07/10/2026	Friday	B	Football	Football	Rounders/Cricket	Rounders/Cricket	Rounders/Cricket	
17/7/2026	Friday	A	Football	Football	Rounders/Cricket	Rounders/Cricket	Rounders/Cricket	
20/7/2026	Monday	Inset						
21/7/2026	Tuesday	Inset						
22/7/2026	Wednesday	Inset						
23/7/2026	Thursday	Summer holidays						